

Corporate Governance through Consciousness

Self Governing Leadership

May 25-26, 2018

Bangalore



Sri Aurobindo Foundation
for Integral Management

Management by Consciousness

National Centre for Corporate Governance

Centre of Excellence for Integral Leadership & Management

Leadership Research & Training Institute of



Sri Aurobindo Society

Creating the Next Future

NFCG *National Foundation for
Corporate Governance*

Principal Partner

Day 2

Session 6: Towards Self-Governance

Session 7: Self Governance - Steps towards it

Session 8: Action Plan

Session 9: Feedback



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**To hope for a true change of human life
without a change of human nature
is an irrational and unspiritual proposition;
It is to ask for something unnatural and unreal,
an impossible miracle.**

-Sri Aurobindo
(1915)



No amount of fiddling with outer structures,
systems is going to produce long-lasting
sustainable solutions

The root cause is within.

A change in the **Inner Consciousness** is
the only way to effect change in the
outer conditions.



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**Consciousness
is
the
Essence of being**

The world we create around us is the
expression of our consciousness



The creative, the beautiful and the true
as well as the corrupt and the
degenerate are the results of the
corresponding consciousness.



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Planes of Consciousness

Higher
Mental,
Spiritual

Perception beyond
mind

Refined Emotions

Nobler aesthetic
outlook

Spiritually driven

Source of higher
aspirations and
values of humanity

Lower
vital,
physical

Driven by self-
interest, material
needs and sensuous
desire that intensifies
into greed

Source of all the
lower impulses and
aberrations of
human nature



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Integral Governance

Ethical consciousness
needs to be internalized
at all planes of the
being



Spiritual Self

Mental Self

Vital Self

Physical Self



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Ethical Fitness

Only the ethically fittest will survive

All 4 dimensions must be in perfect alignment with higher values of humanity

External frameworks and bindings of law and regulations become redundant



Session 6: Towards Self-Governance



Constant vigilance is needed to find
the tricky lines

between

Needs

Desires

and **Greed**



*'Greed was good... and now, it is
legal.'*

– Gordon Gekko, Wall Street



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Defining the boundary of
real needs

helps break down self-
imposed constraints

and discover our true
strengths



True Courage

- is selfless
- is founded on a higher ideal
- demands sincerity
- stands on faith



Session 7: Self-Governance – Steps towards it



Towards Ethical Consciousness

Self-knowledge

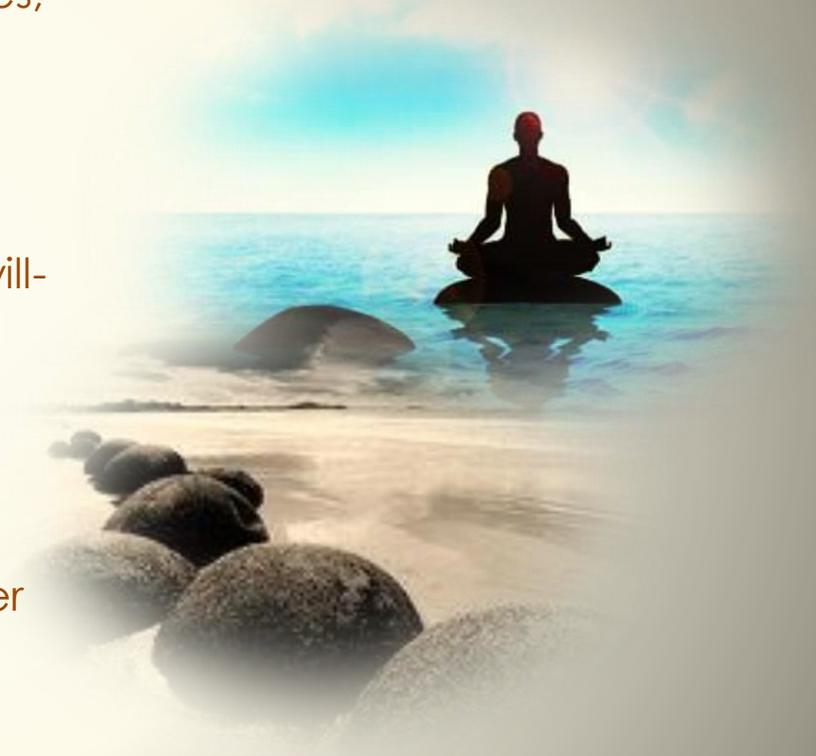
(Understand inclinations, preferences, prejudices, limitations, possibilities, etc of one's own self)

Self-control

(Practice restraints, culture values, strengthen will-power for good governance)

Self-mastery

(Achieve the perfect poise where pulls of lower nature are completely ineffective)



Self-knowledge

Self-observation

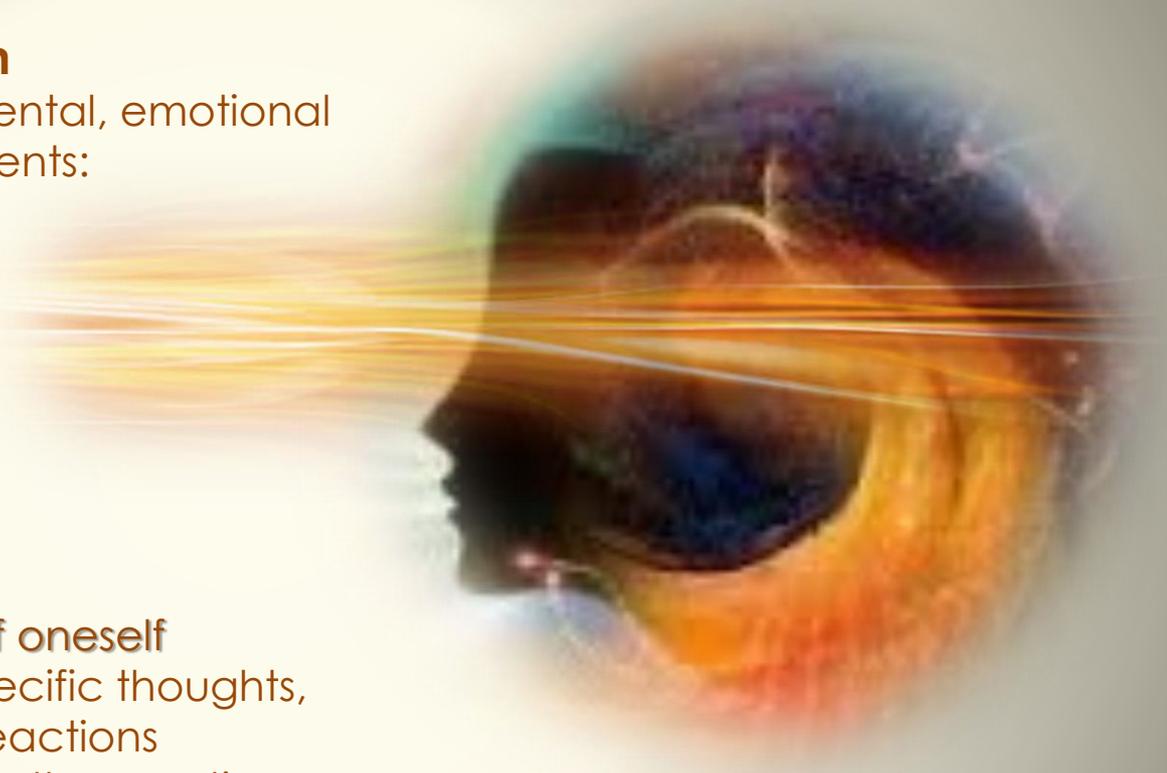
Be a vigilant observer of one's mental, emotional and physical movements:

- the likes
- the dislikes
- the inhibitions
- the fears
- the attractions
- the repulsions

Self-awareness

A deep understanding of oneself

- the triggers that generate specific thoughts, emotions and body reactions
- the measures that neutralizes the reactions



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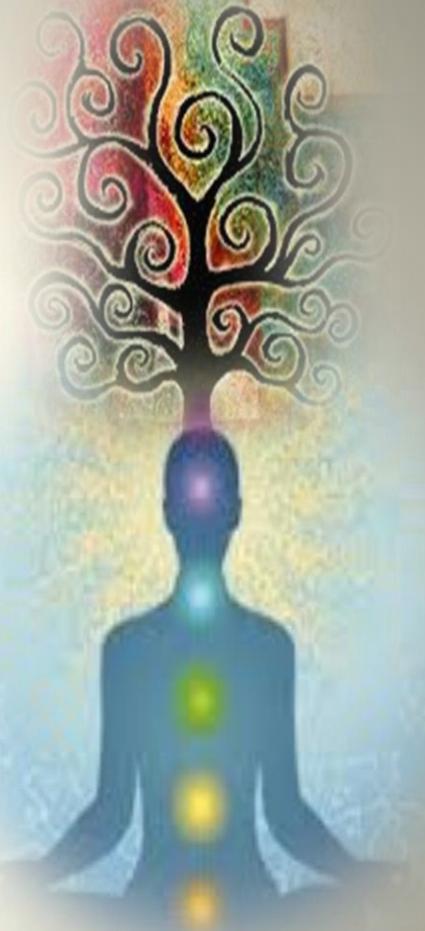
Inner Discipline

Physical: Agility, Grace, Endurance, Strength

Vital: Firmness, Courage, Energy, Will-Power

Mental: Calm, Innovativeness, Wisdom, Imagination, Clarity, Understanding

Spiritual: Detachment, Equanimity, Aspiration for Truth, Beauty, Goodness, Awareness of Self and Universe, Aspiration for Inner Light, Humility, Gratitude, Generosity



In psychological perspective, harmonious integration of thought, feeling, will and action around a higher ideal



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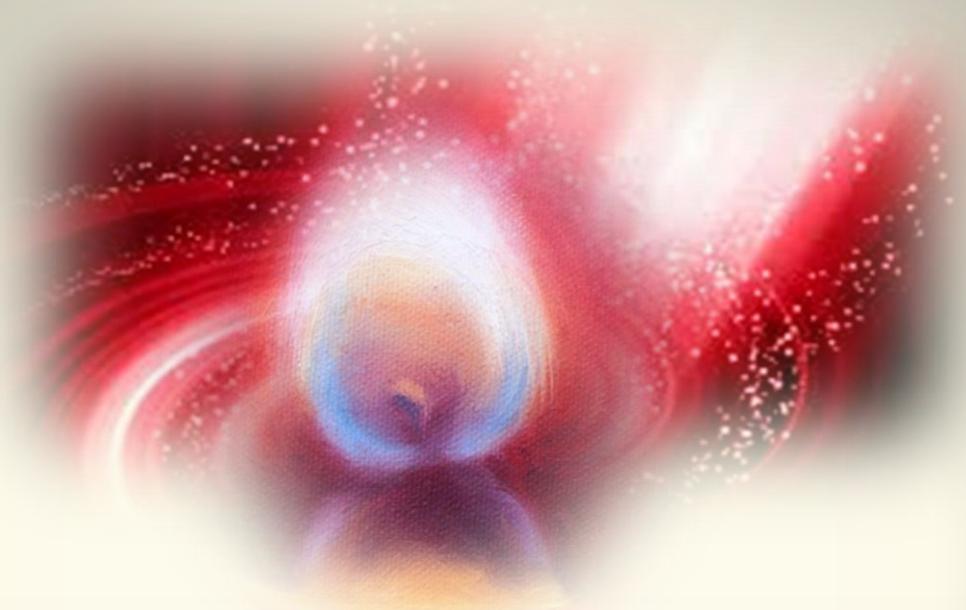
Triune Process of Inner Discipline

A Process of Triple Labour

- Aspiration
- Rejection
- Surrender



Aspiration



A constant and persistent focusing of all the energies of our consciousness, thought, feeling and will on the ideal

A conscious and deliberate cultivation of thoughts, emotions, qualities and virtues and capacities which are in harmony with the ideal or which builds the strength of character



Rejection

a process of purification,
throwing off of all thoughts, feelings, and impulses
which are contrary or hostile to the ideal
or which pushes us towards unethical action



Surrender

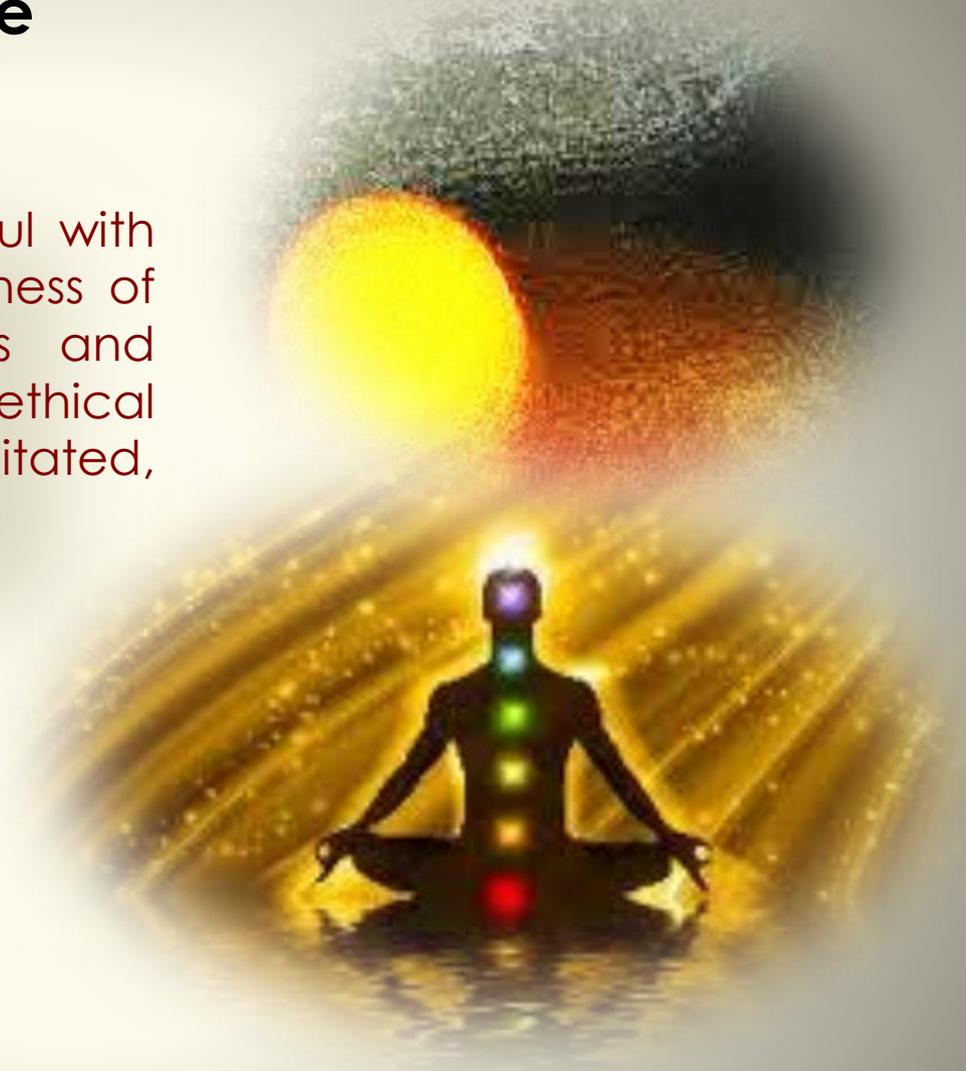
An act of **Acceptance, Faith and Trust** in the **Universal Wisdom**

An **offering of the outer events and inner movements** in the process and as a part of the ultimate good



Inner Discipline - Importance

Someone who is calm and peaceful with an alert and vigilant self-awareness of his thoughts, feelings, impulses and motives is less likely to fall into unethical behaviour than the one who is agitated, restless and unconscious



Stepping Back

The method of actively and consciously **going within** and also to detach from all surface reactions...

Aids in the process of rejection and surrender



Equanimity

'... a perfect human action is impossible if we have not equality of spirit and an equality in the motive-forces of our nature.'

- Sri Aurobindo



Towards Self-governing Community

One of the major functions of Leadership is to create a community in which there is a conscious and continuous effort towards a progressive manifestation higher qualities not only in the outer life, but more importantly in the consciousness of people



*Even if the struggling world is left behind
One man's perfection still can save the world.*

Savitri, Sri Aurobindo



Session 7: Action Plan



Day 2

*A guidance, a governance
begins from within*

*which exposes every movement to the light of Truth,
repels what is false, obscure...*

- Sri Aurobindo



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“Arise, transcend yourself, you are Man and the whole nature of man is to become more than himself.” - Sri Aurobindo

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